



CLASSES & WORKSHOPS WINTER 2012

REGISTER: SalemCourthouse@verizon.net or 518-854-7053

SOMETHING FOR EVERYONE!

Payment required
on registration.

★ **FREE!** Registration is required

Basic Computer Skills for the Computer Intimidated

10 – noon, Wednesdays, Jan. 18- Feb. 22 Instructor: Terri Kelley
\$65 member, \$75 nonmember

These sessions are designed to help you learn to be more familiar with your computer and feel comfortable in understanding how to do the functions that are of the most interest to you. Classes will be limited in size to 8 students so there can be individual attention to suit each student. Some of the possible areas covered will be increased comfort with your machine, accessing the internet, social networking, ease with email, photo sharing, etc. Plan to have some fun!!!

Each student will need to bring a laptop computer. Internet connection will be provided at the Courthouse.

Zig Zag Scarf

Instructor: Jane Gibson
6:45–9 pm, Thursdays, Jan.19-Feb. 9 \$40 member, \$50 nonmember
Come join us to knit an all “knit” Zig Zag Scarf using a yarn which flows from one color slowly into another. All you will need is your size 8 straight needles and the ability to knit. (no purl in this project)! During this class you will learn several ways to increase & decrease stitches, work short rows which give it the zig zag appearance, use of stitch markers to your advantage and how to read a pattern. A sample scarf is available to see at the Courthouse so drop in and see Gail. Suggested yarns: Noro, Boku, Lion Brand “Amazing”, universal yarns “Classic Shades”. 2 Skeins (200 yards each) are needed. Jane will have some of the classic shades available for an additional fee of \$15.

Early Morning Stretch

Instructor: Gail Bearup
8–9 am, Thursdays, Jan. 12- March 8
\$50 member, \$60 nonmember, Single class: \$10
Begin the New Year with a commitment to rise early and begin your morning with gentle yoga. If you have ever wanted to try yoga but have not found the right opportunity this is it. Begin your day with energy through guided breathing exercises and gentle yoga poses. Gail has been a student of yoga for over 30 years and encourages everyone to join in. Please bring a yoga mat and a yoga strap or necktie and be sure to wear very comfortable clothing.

Kung Fu White Crane Style (ages 12 thru adult)

Sifu: Steven Nacua Si Heng: Tony Jenkins
6–7:15 pm on Thursdays & 10–11:15 am on Saturdays, Jan.12- Feb.25
\$70 member, \$80 nonmember
Invest in your body & mind, learn the martial art of Kung Fu including Forms, Self Defense, Breathing/Relaxation, while your body gets to benefit from discipline, flexibility, cardiovascular training. Students will test for Sash advancement!!
Limit 15 people (all levels welcome).

Tai Chi / Chi Kung

Sifu Steven Nacua
6–7:15 pm on Thursdays & 10–11:15 am on Saturdays, Jan.12- Feb.25
\$70 member, \$80 nonmember
Learn how the Tibetans and Chinese cultivate chi (energy) and promote good health. Relax the body, mind and spirit. The basic 24 posture exercises (moving meditation) and 6 stationary exercises will be taught.

Kung Fu Tigers (for ages 5 & 6)

Sifu Steven Nacua
9:20–10 am, Saturdays, Jan. 14 - Feb. 25
\$35member, \$45 nonmember
Little ones will learn traditional Chinese Kung Fu fundamentals and discipline and have fun in a relaxed atmosphere.

Kung Fu Dragons (for ages 7-11) Sifu Steven Nacua

8:35–9:15 am , Saturdays, Jan. 14 – Feb. 25 \$35member, \$45 nonmember
Have fun in a relaxed atmosphere and learn traditional Chinese Kung Fu fundamentals and discipline.

WINTER BREAK CHILDREN'S PROGRAMS

Week of February 20 – 24, 2012

★ Mid-Winter Astronomy Program (students grade 6 -12)

Instructor: Bill Frederick
10 am–noon + one evening observing session, Tues. Feb. 21 & Thurs. Feb. 23
Learn how to unwrap the secrets of the Winter Skies! The winter constellations, planets, nearby galaxies, and some very spectacular sights in the Orion Constellation (where new stars are being born) are there for you to see. To view these you need to know where to look! Basic observing techniques will be presented, information about our galaxy, an overview of the major winter constellations and, weather permitting, an observing session with a telescope. These are designed to get you started in Astronomy so that you will be able to appreciate our night skies.

★ Teen Yoga Basics for Beginners Instructor: Gail Bearup

2–3 pm, Thursday, Feb.23 & Friday Feb. 24
The pressures of being a kid today have taken a major toll on you: Exams, family affairs and some serious social tensions have left you wiggled out, frazzled and fried. Your mind and your body are pooped. Relax, breathe deep, strengthen your body and soothe your mind with yoga. Sounds great but you don't know how to begin? No prob...that's what we're here for!

Winter Clay Corner (grades 1-5) Description on other side

Making Lip Balm (grades 5 & up)

Instructor: Barbara Palulis of Pure-N-Simple Soaps
1–3 pm, Tuesday, Wednesday & Thursday, Feb. 21, 22 & 23
\$25 member, \$30 nonmember, material fee \$6
During this fun class, students will be making 6 lip balms: 3 in tubes and 3 in pods. They will also custom design their labels for their lip balms. Students will also be making a hand sewn felted lip balm case, that can be hooked onto any zipper pull.

Courthouse Quilters upstairs in the White House next to the Courthouse.
9:30 am, 1st & 3rd Wednesdays, 7 pm on 2nd & 4th Tuesdays. Various abilities.
For information, email the Quilters at salemcourthousequilters@gmail.com.

★ Lego Night: Free Back by Popular Demand

5:30–7:30 pm, Fridays, Jan13, Feb.10 & March 9
The Courthouse Community Center with the help of the Donaldsons and the Hunters will again be hosting Lego Night. Legos provided to everyone. Adults must be accompanied by a child! Enjoy the challenge of building anything you can imagine. . . .We ask that you RSVP for this free program. 518-854-7053

FREE Tax Return Preparation If you earn less than \$49,078.
9 am–2 pm, Saturday, February 18 at Historic Salem Courthouse
Call - 1-800-211-5128 to make an appointment
Daytime, evening and weekend appointments are available in other locations.



SALEM COURTHOUSE POTTERY CLASSES WINTER 2012

Our hands-on workshops are small, instruction is individualized.
Our instructors are accomplished potters & artists who love to teach.
Held in the pottery studio accessed through the rear door.
Pre-registration is required and appreciated. HSCPA@salemcourthouse.org

**NEW &
IMPROVED
POTTERY
STUDIO!**



CHILDREN'S (age 9 and up) WINTER POTTERY

NEW WINTER CLASSES!

Preschool Clay Creations (age 3-6, parents welcome)

Instructor: Tara Hughes
1:15–2:15 pm, Tuesdays, Jan. 31- March 13 \$65 member, \$75 nonmember
Children will spend this class learning the basics of clay hand-building through playful projects. Tara will provide some gentle guidance and direction but students are encouraged to let their imaginations lead the way.

After School Unwind

Instructor: Eva Fitzgerald
2:30–4 pm, Tuesdays, Jan. 31- March 13 \$75 member, \$85 nonmember
Kids get “down to earth” with this clay open studio class where there are no set projects; just you and your imagination! We’ll have a great time seeing how our creative ideas can inspire new and unexpected inventions in this fun, relaxed environment.

Beginning Pottery Wheel (Just for Kids!)

Instructor: Eva Fitzgerald
2:30–4 pm, Mondays, Jan.30 - March 12 \$75 member, \$85 nonmember
This class is designed especially for kids ages 8 - 12 who want to learn how to throw on the pottery wheel. You will learn basic pottery throwing techniques and be constantly working on the wheel in class. **Limited to 5 students per class-register early!**

WINTER BREAK FUN!

Winter Clay Corner (grades 1-5) Instructor: Tara Hughes

9:30–12:30 pm, Mon.-Fri., February 20-24
\$60 member, \$70 nonmember
During this one week workshop participants will work both collaboratively and independently. With projects ranging from masks, tiles mugs and more, students will have a chance to explore various clay techniques. Student of all levels are welcome.



WORKSHOP REGISTRATIONS: **Pre-registration is required**

Call 518-854-7053 to register! ★ Call 518-854-7053 to register!

Payment required on registration.

For a full listing of all the Courthouse Community Center’s programs please visit www.salemcourthouse.org.

An Introduction to Pottery

Instructor: Jordan Becker
6:30 – 9:30 pm, Mondays, Jan. 30 - March 12
Materials fee \$30, \$150 member, \$160 nonmember
This class will teach you the fundamentals of throwing on the potter’s wheel, hand-building basic forms and basic glazing application. Weekly demonstrations will show how to make simple cups, mugs, bowls and plates, all useable in your kitchen!

Intermediate Pottery

Instructor: Jordan Becker
6:30 – 9:30 pm, Tuesdays, Jan. 31- March 13
Materials fee \$30, \$150 member, \$160 nonmember
If you’re comfortable at the wheel, can coil build and have an understanding of the properties of clay, then this is the class for you. Watch more advanced demonstrations, build and throw more complicated and larger forms. Get some fresh ideas and take part in conversations about aesthetics and function.

Free Wheelin’

6:30 – 9:30 pm, Wednesdays, Feb.1- March 14
Materials fee \$30, \$150 member, \$160 nonmember
Free Wheelin’ is great for folks who would like to work in clay at their own pace. All the clay studio equipment is available to help you work on independent projects. Jordan Becker, Courthouse Pottery Studio Manager will be in the studio offering guidance and help if needed.

Open Studio

Noon–4 pm, Wednesdays, Thursdays or Fridays , Feb.1 – March 16
\$200 member, \$210 nonmember
This is an opportunity for students currently enrolled in a class to get more studio time. During the listed hours the studio will be open to you to work at your own pace without an instructor. All equipment will be available for your use. 50 lbs of clay is included in the price. Additional clay may be purchased.

Sunday Teapot

Instructor: Jordan Becker
3 – 6 pm, Sundays, Jan. 29 - March 11
Materials fee \$30, \$150 member, \$160 nonmember
This seven week class will be focused on making a functional tea set. Learn to throw or hand-build a teapot to go along with the mugs and saucers that you will also make. You will learn a little history about the role of tea and the vessels that carried it. Tea will be served.